245 camel from the high hills of the interior. Coffee will not grow below 4,000 ft. at the latitude of Aden and the Yemen.

244 Away to the east on the Audhali plateau and in the other
243 high regions, wheat and barley are cultivated by well water
312 irrigation from shallow wells, and apricot trees grow naturally
245 among the fields and grape vines run over the trees that border the grassy valleys. Much attention has been given to increasing the fruit cultivation and to the growing of tomatoes and other
[177] vegetables in the summer time when the low lying plains are far too hot. Plums and apples and peaches and walnuts have been introduced successfully, and lower down citrus culti-
262 vation has had surprisingly good results. Originally, of course,
178 the idea was that these fruits and vegetables would be available
433 to the Colony markets and to a certain extent this has proved to be true, but no-one anticipated the extent to which local consumption of vegetables and fruit would increase in the
[177] Protectorate itself. It is extraordinary how quickly people will develop a taste for new varieties of vegetables, as I had found in Muscat when I first introduced cabbages. Nobody had seen them before and at first I had to give them away and persuade people to eat them, but it was not long before they came and helped themselves. It was much the same in the Protectorate with lettuce, which was looked upon with distrust when I first travelled to Loder and Mukeiras, but by the time I left twenty-five years later no meal was complete without a dish of salad.

243 Down in the plains the main crops are sorghum and bullrush
262 millet which grow throughout the Protectorate and provide the staple diet of the people who grind and pound the grain into coarse flour from which they make a very palatable un-
245 leavened bread. Where water is available in sufficient quantity
312 as at Lahej and in the Wadi Hadhrami, there are extensive
244 date-palm plantations and bananas, and other Eastern fruits are cultivated with particular emphasis on the melons which flourish abundantly and are of excellent quality.

241 Two things have handicapped agricultural development in
441 the Protectorate. The first of these is lack of money and the second lack of a suitable marketing organisation. The power to